



Teaching plans

Summary

School names	Fényi Gyula Jezsuita Gimnázium és Kollégium, Miskolc, Hungary Albert Academy, Freetown, Sierra Leone
Involved class(es) in Country A	One group in year 9 One group in year 10
Involved class(es) in Country B	mixed
Project title	Nutrition
Period	2014 February- June 2104
Number of lessons (min. 10)	15
Overall description/educational goal	<ul style="list-style-type: none"> - To raise awareness of healthy nutrition, nutritional problems, etc. - To prepare local specialities and introduce them to the partner school - To understand each other's nutrition
Subjects	In Country A: English In Country B: extracurricular
MDG links	Health (MDG 4,5,6)
Curricular links	In Country A: Healthy nutrition and nutritional problems In Country B: extracurricular
Ways of working	Workshop. co-curricular activities email Facebook PPT presentations Group work Collaborative learning



Process

First contact between students	
Topic/lesson	Introduction to nutrition in general
Aim	<p>To have some impression about the students' background knowledge</p> <p>To clarify the aim of the project</p> <p>To make students be aware of their nutrition</p> <p>To provide information about nutritional facts in Hungary</p>
Timing	2 hours
Materials/links/resources needed	Questionnaire, presentations, association game
Steps-by-step methodology (concrete tasks, exercises)	<p>Association game</p> <p>Questionnaires and drawing games</p> <p>Clarifying project conditions and requirements</p>
Offline teaching	
Topic/lesson	Presentations about nutritional topics
Aim	<p>Introducing and getting to know information about nutritional habits, major issues and problems in our nutrition</p> <p>Introducing today's major global issues, e.g, malnutrition, lack of food</p> <p>To raise the students' awareness on the existing problems</p>
Timing	2 hours

Materials/links/reources needed	presentations, association games, groupwork
Steps-by-step methodology (concrete tasks, exercises)	association games presentations about the topics discussion the topics in groups
Individual / group work (student „research“)	
Topic/lesson	Introducing a nutritional problem
Aim	To raise awareness of the problems of nutrition
Timing	3 hours
Materials/links/reources needed	post its, paper and markers
Steps-by-step methodology (concrete tasks, exercises)	Nutrition poster making in groups Research on nutrition Essay writing (individual work titled My eating habits)
Sharing results with partner school	
Topic/lesson	Creating communication with the Sierra Leone school
Aim	Students' introduction and sharing results
Timing	2 hour
Materials/links/reources	computer

needed	<p>Facebook page</p> <p>e-mail writing</p> <p>photos</p> <p>essays</p>
Steps-by-step methodology (concrete tasks, exercises)	<p>e-mail writing and sending</p> <p>Creating a Facebook page</p> <p>Students' introduction-photos, personal information</p> <p>inviting students to join the page</p> <p>sharing photos of the project</p>
Feedback	
Topic/lesson	Communication with the Sierra Leone school
Aim	Asking for their opinion on the topic
Timing	1 hour
Materials/links/reources needed	<p>internet</p> <p>computer</p> <p>e-mail, Facebook</p>
Steps-by-step methodology (concrete tasks, exercises)	<p>Reading e-mails</p> <p>Discussing them</p> <p>Checking the Facebook page for information</p>

Action	
Topic/lesson	Preparing typical Hungarian food
Aim	To show the way we prepare dishes
Timing	2 hours
Materials/links/reources needed	Put ideas into action Material – vegetables, fruit, healthy ingredients
Steps-by-step methodology (concrete tasks, exercises)	Group work- cooking healthy dishes in the school's kitchen
Feedback	
Topic/lesson	Presentation of the products
Aim	Letting the studnets know about the products and express friendship
Timing	1 hour
Materials/links/reources needed	photos video
Steps-by-step methodology (concrete tasks, exercises)	Making short videos and uploading them on the FB group
Closure	
Topic/lesson	Closing of the project
Aim	Evaluation of the project

Timing	2 hours
Materials/links/reources needed	internet computer
Steps-by-step methodology (concrete tasks, exercises)	essay and feedback writing letter writing and sending them to Sierra Leone reading the partner school's evaluation